

Norman Plotkin

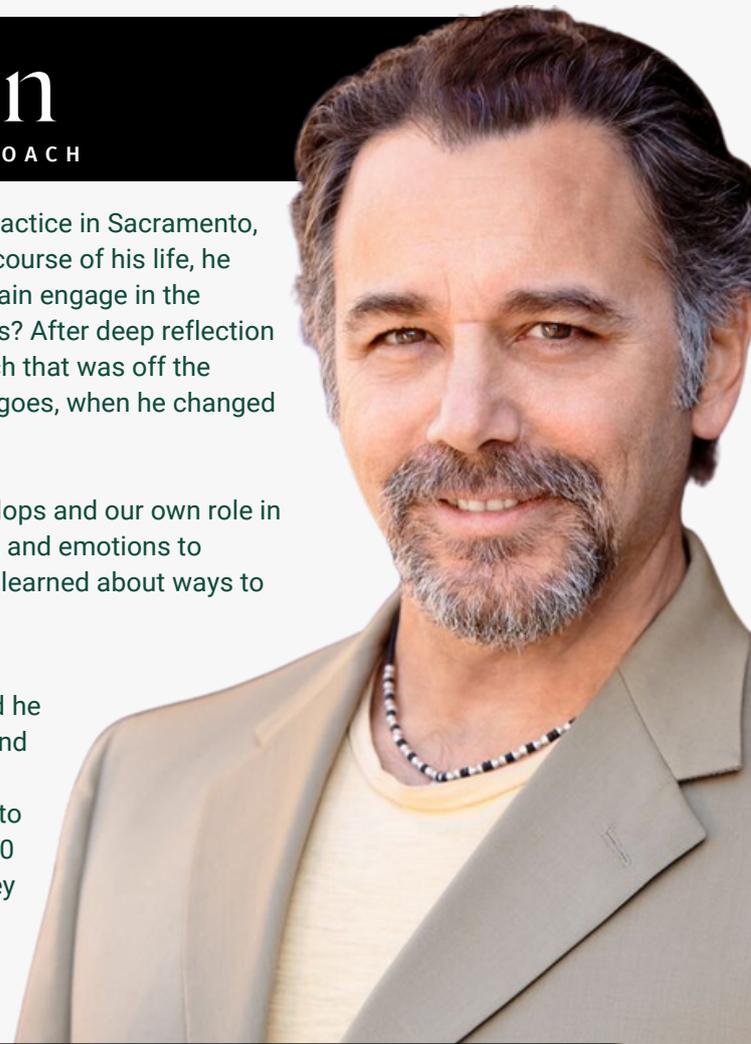
HYPNOTHERAPIST | AUTHOR | SPEAKER | COACH

Norman Plotkin is a Certified Clinical Hypnotherapist in private practice in Sacramento, CA. After his lifestyle made him sick and his illness changed the course of his life, he decided to find meaning in the experience and vowed to never again engage in the behaviors that led to his illness. But what exactly were the factors? After deep reflection and hard work – change is hard! – he did a deep dive into research that was off the conventional path... Teachers began to appear and as the saying goes, when he changed the way he looked at things, the things he looked at changed.

Norman's research led him to understand how cancer really develops and our own role in that development and how we can reverse the actions, behaviors, and emotions to reignite our powerful immune system so that it can do its job. He learned about ways to

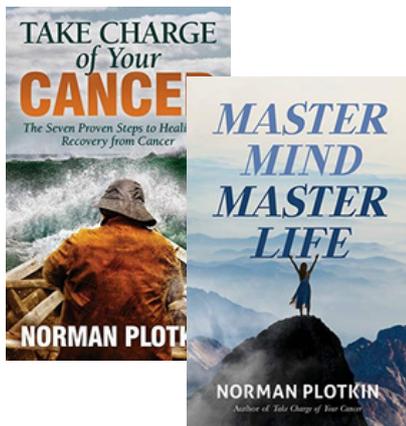
engage in his own healing and recovery that was natural and noninvasive. And he detailed his findings in his first book, **Take Charge of Your Cancer** so that he could share them with you. And he undertook study and research into the powerful subconscious mind and techniques for moving past the programming that our subconscious holds onto, which makes change so hard. This led to his second book, **Master Mind Master Life**. We have about 65,000 thoughts a day and about 90 percent of them are the same as they were yesterday. This is why change is so hard.

Norman's ultimate goal? To help you put the power of your subconscious mind to work for you today!



Discussion Topics

- ✓ The subconscious mind and programming
- ✓ Hypnotherapy and hypnosis
- ✓ Psychosomatic healing
- ✓ The message of cancer
- ✓ Tarot and the collective conscious
- ✓ The Age of Aquarius and the 5th dimension



Sample Interview Questions

- What exactly is hypnosis? Is it real?
- Will I lose control if I'm hypnotized?
- How do our early experiences affect our health later in life?
- What is the message of cancer?
- What is the collective conscious?

